



LOCAL PRODUCE

from

Long Island and New Jersey Farms

It's summertime! Everywhere from New Jersey to the east end of Long Island is blooming with fresh produce. So, why are restaurants getting their produce from California?

Long Island and New Jersey farms offer restaurateurs the freshest possible produce straight from the farms to their kitchens.

J. Kings Food Service Professionals, Inc. has joined forces with local Long Island and New Jersey farmers to bring you the the freshest local produce available.



J. KINGS

Food Service Professionals, Inc.

700 Furrows Road • Holtsville, NY 11742
(631) 289-8401 www.jkings.com

McBride Farms

Oregon Road

Cutchogue, New York



About the Farm:

Richard, his sons and other family members have been an integral part of the Long Island Farming Community since 1966. Their 200 + acres in Cutchogue produce host quality products.

Produce Available Includes:

Sweet Corn	July - Oct
Cucumbers	July - Oct
Potatoes	Aug - Dec
Cauliflower	Oct - Nov
Broccoli	Oct - Nov

Densieski Farms

Lewis Road

East Quogue, New York



About the Farm:

Ed and his family have been farming in East Quogue for the past 91 years. He grows host of quality products and starts harvesting his zucchini in late June and winds up with cauliflower and potatoes in the late fall.

Produce Available Includes:

Zucchini Squash	July – Sept
Bi – Color Corn	July - Sept
Cucumbers	July- Oct
Peppers	July – Nov
Cauliflower	Oct – Nov
Colored Cauliflower	Oct – Nov
Potatoes	Aug - Dec

Ed Zilnicki Farms

Sound Ave

Riverhead, New York



About the Farm:

Currently the Zilnicki family continues a farming operation, in Riverhead, which has been a quality provider of potatoes products for Long Island for many years.

Produce Available Includes:

Long Island Chef Potatoes	Aug – Dec
Long Island Yukon Gold Potatoes	Aug – Dec
Long Island Red Potatoes	Aug - Dec

Latham Farms

Main Road

Orient, New York



About the Farm:

Next year will mark the 200th year that the Latham family has been involved in the farming industry. Starting with strawberries in early June and finishing with peppers and leeks in Late November, Danny grows a remarkable variety of quality vegetables.

Produce Available Includes:

Super Sweet, Bi-Color Corn Mid July - Oct

Tomatoes:

 Beefsteak Late July - Nov

 Heirloom (5 varieties)

 Plum

 Cherry (4 varieties)

 Gooseberry/husk tomato

Eggplant:

 White, Japanese, Neon, Little Fingers July - Oct

Peppers:

 Red, Yellow Orange, Purple, Hot July - Nov

Strawberries June

Green Beans July - Oct

Leeks Aug - Oct

Zucchini Squash Aug - Oct

Sunflowers July - Oct

Dahlias Aug - Sept

Windy Acres Farm

Main Road

Calverton, New York



About the Farm:

Farmer Tom's focus has switched recently from vegetable products to tomatoes and sweet corn. He grows quality product and has been very successful at his retail location.

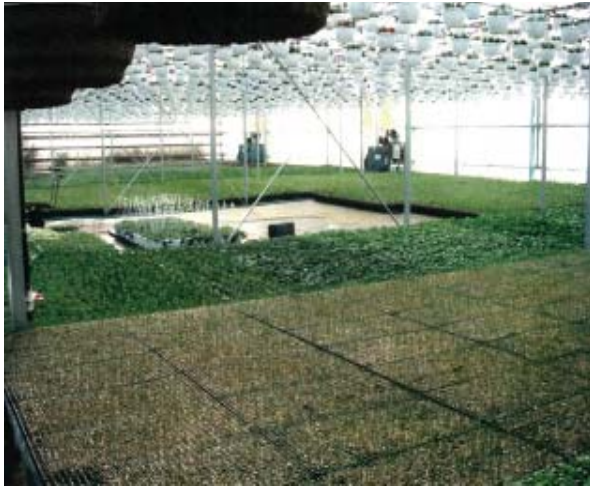
Produce Available Includes:

Tomatoes	Aug – Oct
Sweet Bi Color Corn	July - Oct

McKay Farms

Main Road

Aquebogue, New York



About the Farm:

Mike, his brothers and their children carry on the farming tradition that was started in the early 1900's in Aquebogue, NY. Mike and mom Helen grow the highest quality flowers available in the area.

Produce Available Includes:

Tomatoes Red Beefsteak	Aug – Oct
Tomatoes Yellow Beefsteak	Aug – Oct
Eggplant	July – Sept
Peppers	July – Nov
String Beans	July – Oct
Cut Flowers	July – Oct
Pumpkins	Aug - Oct
Tomatoes (Cherry, Yellow Cherry, Grape)	Aug - Oct

Wells Homestead Acres

Sound Avenue
Riverhead, New York



About the Farm:

Lyle Wells is the present operator of a family farm that dates back to 1661. This 11th generation Long Island farmer cultivates 100 acres of flowers, vegetables, and herbs. He is a quality producer of Long Island asparagus with a focus on several varieties of potatoes and squash later in the season.

Produce Available Includes:

Asparagus May - June

Potatoes: Red & Yukon Gold Mid July - Oct

Zucchini: Green & Yellow Mid July - Oct

Pickles and Cucumbers Mid July - Oct

Deer Run Farms

South Country Road



About the Farm:

Owned and operated by Bob Nolan, Deer Run Farms will accept nothing subpar. Using a very scientific approach to farming, Nolan offers only the finest in produce. Deer Run Farms grows high end specialty lettuce throughout the entire summer, many so rare that he is the sole grower of the particular kind on all of Long Island.

Produce Available Includes:

Spinach May - Mid July

Cabbage Late Sept - Early Nov

Lettuce:

Romaine Early June - Early Nov

Boston Early June - Early Nov

Red Boston Early June - Early Nov

Red Leaf Early June - Early Nov

Red Oak Early June - Early Nov

Red Batavian Early June - Early Nov

Green Batavian Early June - Early Nov

Green Leaf Early June - Early Nov

Escarole

Chicory (endive)

Basil / Arugula

Sang Lee Farms, Inc.

County Road
Southold, New York



About the Farm:

Sang Lee Farms established itself in the 1940s and has since grown to a farm of 150 acres offering over 150 different varieties of specialty vegetables. Fred and Karen Lee offer a continual, year-round production of mesclun and baby greens, many of which are organic.

Produce Available Includes:

Asian Greens

- Bok Choy
- Daikon - Lo Bak - Korean Moo
- Dow Mew (Snow Pea Shoots)
- Dung Qwa (Watermelon)
- Guy Lon (Chinese Broccoli)
- Mizuna (Japanese Lettuce)
- Nyu Choy Sum (Baby Bok Choy)
- Shanghai Choy (Baby Bok Choy)
- Sui Choy (Nappa Cabbage)
- Tatsoi
- U Choy (Flowering Cabbage)

Specialty Seasonal Produce

- Asparagus
- Beets
- Carrots
- Chard Chinese Long Beans
- Edamene Eggplant
- Leeks
- Jack-Be-Littles
- Onions
- Pumpkins
- Snow Peas
- Tomatoes - Cherry & Pear

Fox Hollow Farms

Sound Avenue
Calverton, New York



About the Farm:

This family owned-and-operated farm now cultivates on 200 acres, producing a variety of the highest quality products. Through the years Lolly and Jeff's focus has been on sweet corn and beefsteak tomatoes. During the fall, pumpkins and decorative items can be found at their charming market. In addition they grow beans, squash, and cucumbers of magnificent quality.

Produce Available Includes:

Strawberries

String Beans

Sweet Corn

Tomatoes - Beefsteak

Cucumbers

Squash:

Green Butternut

Acorn Delicata

Sweet Dumpling

Face Pumpkins

Philip A. Schmitt & Sons Farm

Roanoke Avenue
Riverhead, New York



About the Farm:

The Schmitt farm now sprawls across 225 acres. Phil has expanded his catalog to herbs, rooted vegetables and over 60 varieties of Asian greens. Phil is also ahead of the technology curve: he is one of the only Long Island farmers to practice “vacuum cooling”, a 2 day turn-around for fresh product. The Schmitt Farm is truly of high caliber.

Produce Available Includes:

Cabbage

Lettuce:

Endive	Romaine
Boston	Red Leaf
Green Leaf	Mesclun

Cilantro

Basil

Arugula

Parsley: Plain & Curly

Beets

Spinach

Asian Greens:

NAPA

U-Choy

Gai-Lan

Shanghai Bok Choy

Green Leaf

Satur Farms

Alvah's Lane
Cutchogue, NY



About the Farm:

Established as a garden just eight years ago, chef Eberhard Muller and his wife Paulette have seen their little plot grow quickly into a 200 acre farm. The recent addition of a cooling shed enables their products to achieve better shelf life. Satur Farms provides a long list of the best available produce.

Produce Available Includes:

Herbs

Specialty and Baby Vegetables

Specialty Tomatoes

Unique Rooted Vegetables

(See Back Page for Highlights!)

Harbes Farm

Sound Avenue
Mattituck, New York



About the Farm:

Harbe's farm started out as a multi-generational potato and cabbage farm. In the 1980's the Harbe's family shifted its focus to retail farming. They now operate 2 farm stands and each member of the Harbes family has taken an active part in the farm.

Produce Available Includes:

Sweet Corn

Pumpkins

W & K Farms

Manorville, Long Island, NY



About the Farm:

John Kennedy heads up the operation of this 80 acre farm in Manorville. In addition to crop production, John runs a very successful farmstand, greenhouse and U-Pick operation.

Produce Available Includes:

Corn	7/11 - 9/6
String Beans	7/4 - 10/18
Green Squash	6/27 - 10/23
Yellow Squash	6/27 - 10/23

Flora Nursery

Wickham Ave
Cutchogue, NY



About the Farm:

Richard Girard’s operation in Cutchogue produces beefsteak tomatoes year round. He has the products under glass in several greenhouses and for those folks who want year round availability he is the answer

Produce Available Includes:

Long Island Greenhouse Grown Tomatoes	Year Round
Fresh Potted Herbs	Year Round

Koppert Cress

Middle Road

Cutchogue, New York



About the Farm:

A relative newcomer to Long Island. Nicolas, Eddy and their team have been very successful in the growing and marketing of greenhouse grown cut Micro-Greens, living Micro-vegetables and other Specialties for the creative chefs.

Produce Available Includes:

Cut Micro-Greens	Year Round
Edible Pansies	Year Round
Living Micro-Vegetables	Year Round
Nasturtium Flowers	Year Round
Nasturtium Leaves	Year Round
Pea Tendrils	Year Round
Pepquiños	04/15 – 10/15
Sechuan Buttons	Year Round
Upland Cress	Year Round
Wheat Grass	Year Round

Lenny Bruno Farms

Manorville, Long Island, NY



About the Farm:

Dominick and Anthony Bruno, along with Dad Dominic, Mother Teresa, and Grandpa Lenny represent the 3 generations of this farming family. Theresa takes care of their newly renovated farm stand, while the “boys” handle the growing operation. Currently they farm on 115 acres in Manorville, Long Island.

Produce Available Includes:

Green Squash	6/27 - 10/23
Yellow Gold Bar Squash	6/20 - 10/21
String Beans	7/4 - 10/18
Bi-Color Sweet Corn	7/11 - 9/6
Green Cabbage	6/27 - 11/29
Eggplant	8/8 - 10/11
Green Peppers	7/25 - 10/25
Plum Tomatoes	8/15 - 10/18
Beefsteak Tomatoes	8/8 - 10/18
Kirby Cucumbers	7/2 - 10/4
Cranberry Beans	8/9 - 10/4
Lavender Eggplant	8/9 - 10/4
White Eggplant	8/9 - 10/4
Frying Peppers	8/1 - 10/25
Jalapeño Peppers	8/1 - 10/25
Italian Peppers	8/1 - 10/25
Cherry Tomatoes	8/15 - 9/20
Heirloom Tomatoes	8/15 - 10/10

Rottkamp Brothers Farm

Old Brookville, Long Island, NY



About the Farm:

Brothers Richard and Raymond represent a true 3rd generation North Shore farming family. The farm on 80 acres of prime land in an excellent area in Northern Nassau County of Long Island. They have always taken pride in their “Southern Greens” production.

Produce Available Includes:

Collard Greens	6/13 - 10/25
Kale	6/13 - 10/25
Green Swisschard	6/20 - 10/18
Italian Parsley	6/13 - 10/11
Curley Parsley	6/13 - 10/11
Red Beets	6/13 - 10/1
Rainbow Swisschard	6/20 - 10/18
Fresh Horseradish	4/25 - 5/15

MKZ Farms

Jamesport, Long Island, NY



About the Farm:

Mark Zaweski along with his wife Emilie, are the owners/operators of this 100 acre farming operation. Through the years a farm that was primarily wooded in nursery production now finds itself with an equal balance of nursery, fruit and veggies.

Produce Available Includes:

Green Squash	6/27 - 10/23
Yellow Squash	6/27 - 10/23
Cucumbers	7/18 - 9/20
Eggplant	8/8 - 10/11

Polak Farms

Aquebogue, Long Island, NY



About the Farm:

Billy Polak runs his second generation farming operation on approximately 80 acres in Aquebogue. The larger track of land is adjacent to his family residence on West Lane.

Produce Available Includes:

Green Squash	6/27 - 10/23
Yellow Gold Bar Squash	6/20 - 10/21
Sweet Bi-Color Corn	7/11 - 9/6
Green Peppers	7/25 - 10/25

Meyers Farms

Calverton, Long Island, NY and
Woodbury, Long Island, NY



About the Farm:

Pete and Joe Meyer are currently the owners of this fourth generation farming operation. They grow in both Nassau and Suffolk Counties and have a very successful farm stand as well as greenhouse operation in Woodbury. Their growing operation is on approximately 80 acres.

Produce Available Includes:

Sweet Bi-Color Corn	7/11 - 9/6
Green Peppers	7/25 - 10/25
Butternut Squash	9/5 - 12/20
Acorn Squash	9/5 - 11/29
Spaghetti Squash	9/5 - 12/20

Condezella Farms

Wading River, Long Island, NY



About the Farm:

John Condezella with the help of his wife and children have made a success out of a small growing operation in Wading River. His focus is on growing strawberries and asparagus and does an excellent job at it.

Produce Available Includes:

Fresh Strawberries

6/10 - 7/1

Asparagus

4/27 - 6/15

Anderson Farms

Riverhead, Long Island, NY



About the Farm:

Richard and Fay Anderson along with their son Rodney operate this 200 acre farm in Riverhead. They represent a 2nd generation farming family who also pride themselves with a successful farm-stand operation on Route 58 in the middle of town.

Produce Available Includes:

Sweet Corn	7/11 - 9/6
Plum Tomatoes	8/15 - 10/18
Peppers	7/25 - 10/25
Beefsteak Tomatoes	8/8 - 10/18

J. A. Berenato Farms

10th Street, Hammonton, NJ



About the Farm:

Started in 1933 by his great grandfather with blueberries, JA Berenato keeps the tradition alive of bountiful harvests. JA Berenato Farms boasts a luscious 350 Acres. Mr. Berenato starts in seeds in green houses and transplants to the ground. JA Berenato Farms sells to all brokers in Vineland with no set customers.

Produce Available Includes:

- | | |
|---------------------|--------------------------|
| •Peaches/Nectarines | August - Early September |
| •Blueberries | Mid June- Mid Aug |
| •Pickles | Mid July- Mid September |
| •Cuban Peppers | Now - Mid September |
| •Sweet Potatoes | Almost year round |
| •Grape Tomatoes | Mid August-Mid October |

Ed Wuillermin & Sons Farm

894 9th Street, Hammonton, NJ



About the Farm:

Started as a family business, Ed Wullerman & Sons Farm continues to run even now in its 3rd Generation. Covering a beautiful 250 acres, this spectacular Jersey farm sells to Vine-land produce companies and food distributors. To help cultivate the luscious produce the farm uses plastic under the plants to help suppress weeds, drip irrigation tubes to keep the plant and fruit dry. They also have brought in beehives to have honey bees pollinate plants (zucchini squash and cucumbers need the most pollination).

Produce Available Includes:

- Eggplant Mid July-October
- Plum Tomatoes, Tomatoes Mid July-September
- Zucchini Squash June-October
- Cucumbers Mid June-October
- Sweet Corn Mid July-October
- Peas Spring, end of May
- Bell Peppers 2nd or 3rd week in July
- Spanish Squash (currently trying)

Glossy Farms

Route 206, Hammonton, NJ



About the Farm:

Started by the Rizotte Family in 1887, who came directly from Italy, has generated a family tradition of excellent farming in New Jersey. The 250 acre farm is proudly owned by the 4th generation of Rizottes--Dave, Anthony and Frank Rizotte.

Produce Available Includes:

- Blueberries- Duke, Blue Crop, Elliot varieties Mid June-Early August
- Steak Tomatoes- all different varieties Mid July-Late September
- Sweet Corn- sweet, and all different varieties Early July-September
- Sweet Potatoes- white and orange Seasonal

(Thanksgiving, Christmas, until no more)

Diamond Blueberries

Pleasantmills Road, Hammonton, NJ



About the Farm:

Developed in 1960 from a farm in existence in this location since 1928, this 850-900 acre farm has a variety of owners including Variety Farms (Bertino Family) and Bridge Ave Farms (cousins). Diamond Blueberries ships all over the country and Canada, sometimes exports to Puerto Rico, New Zealand, and Korea. They currently process (freeze) berries, 30lb boxes, which get sent to bakeries, pie & yogurt manufacturers (poly bags).

Produce Available Includes:

•Blueberries

Mid June- Mid August

Laning Brothers Farms

Cedarville, NJ



About the Farm:

The 1100 acre farm was started in 1937 and is family owned.

Produce Available Includes:

- | | |
|--|--|
| •Lettuce | Late May - Early July
Late Sept through Nov |
| •Cabbage | June- Nov |
| •Cucumbers | Mid June- Late September |
| •Peppers | Early July – till frost (late Oct) |
| •Assorted Oriental Vegetables
(Nappa, Baby Corn, etc) | Mid May- Nov |

Harvest Wheat, then send to Perdue, then use the land for soil

John Ploch Farms

Vineland, NJ



About the Farm:

Five Generations of Plochs have owned the John Ploch farms. The farm previously was in Northern NJ, then moved to Vineland in 1973, expanding from 20 acres to 280 acres. The farm ships out about 3,000 cases of --primarily herbs and greens during the week and 7,000 on the weekend.

Produce Available Includes:

•Herbs-

May-November

-Arugula

-Basil

-Dill

-Cilantro

-Collards

-Kale

-Beets

-Dandelion

-Mustard Tops

•Greens-

-Cabbage

-Spinach

-Radish

-Swiss Chard

-Eggplants

-Mint

-Lettuce- escarole, Boston romaine

Tom Pontano & Son Farms

1100 Sheridan Avenue, Vineland, NJ



About the Farm:

Founded in 1971 by Tom & Tom Jr., the Tom Pontano & Sons farm is 200 acres large, producing -2-3,000 cases of product per day. Brother owns farm in Florida, and owns in the Winter, they have similar boxes, so their companies run all year round
****Basil****- was on the food network (saw the box on tv)
Their main distribution goes to Huntspoint(Bronx), Chelsea Market in Boston, Some in Canada, Vineland

Produce Available Includes:

- | | | | |
|-------------------|--------------|--------------|-----------|
| -Arugula | -Basil | -Beets | -Bibb |
| -Boston | -Coriander | -Dandelion | -Dill |
| -Eggplant | -Endive | -Escarole | -Kohlrabi |
| -Onions | -Leeks | -Mint | -Thyme |
| -Parsley (Curley) | -Marjoram | -Oregano | -Rosemary |
| -Parsley (Plain) | -Radishes | -Red Cabbage | -Romaine |
| -Spinach | -Swiss Chard | -Chervil | -Chives |
| -Sage | -Tarragon | -Garlic | -Onions |
| -Kale | | | |

Flaim & Sons Farms

Panther Road, Vineland, NJ



About the Farm:

Started in 1934, 300 sprawling acres is home to Flaim & Sons, owned by third generationer Bob Flaim, Bobby & Kevin (Sons). The farm employees 38 regular farm hands.

Produce Available Includes:

-Squash	June-October
-Zucchini	June-October
-Cabbage	June-November
-Spinach	May-October
-Peppers	July-October
-Leeks	June-December
-Sicilian Eggplant	July-September
-Scallions	June-October
-Lettuce	May-July
-Dandelion	May-September

Cassaday Farms

82 Dilks Road, Monroeville, NJ



About the Farm:

Started in 1895, the Cassady farms is a 4th generation family owned 1300 acre farm. They currently distribute their product to Vineland, NY, NJ, Canada, Florida.

Produce Available Includes:

Squash	June-October
Zucchini	June-October
Tomatoes	Late July-Sept
Cucumbers	Late June-September
Peppers	July-October
Watermelons	July-August
Cantaloupe	July-August
Egg corn Squash	July-November
Butternut Squash	July-November
Sweet Corn	July-September
Eggplant	July-October
Pickles	July-September
Cabbage (Red & Green)	June-October
Turnips	June-November

Notes