



OUR CHEFS HAVE DETERMINED HOW SWEET IT IS THIS WEEK 1/8 - 1/14/17

### Winter Citrus

99370 Oranges Fancy Sunkist  
88 ct Brix: 13.0

99360 Fancy Sunkist Oranges  
56 ct Brix: 11.0

98575 Oranges for Juice  
100 ct Brix: 13.0

99981 Blood Oranges (Moro)  
1 case Brix: 14.0



99987 Clementine Retail Bags  
10/3 lb Brix: 12.0

99984 Clementine Gift Box  
5 lb Brix: 12.0

99030 Tangerines  
120 ct Brix: 13.0

97654 Cara Cara Navel Oranges  
28-36 ct Brix: 14.0



### Apples/Pears

98862 Fancy Empire Apples (Local)  
100 ct Brix: 13.0

99046 Fuji X-Fancy Apples  
80-88 ct Brix: 14.0

97810 McIntosh Apples  
100 ct Brix: 13.0

98868 Fancy Gala Apples  
90-100 ct Brix: 14.0



98580 Pears Large Green  
80 ct Brix: 16.0

98570 Red D'Anjou Pears  
45/50 ct Brix: 15.0

99090 Large Brown Bosc Pears  
45/50 ct Brix: 16.0

99968 Extra Large Fancy Asian Pears  
45/50 ct Brix: 10.0



### Grapes/Berries/Cherries

98275 Red Grapes, Seedless  
18 lb Brix: 19.0

98300 Green Grapes, Seedless  
18 lb Brix: 18.0

98915 Raspberries  
12 ct Brix: 18.0

99740 Blackberries  
12 ct Brix: 10.0



97750 Blueberries  
12 pt Brix: 16.0

98307 Consumer Pack Strawberries  
8/1 lb Brix: 11.0

97725 Driscoll Strawberries  
8/1 lb Brix: 12.0



### Melons/Pineapples

97475 Honeydews  
5-6 ct Brix: 11.0

97500 Cantaloupes  
12-15 ct Brix: 12.0

97090 Gold Pineapples  
5-6 ct Brix: 14.0



99962 Del Monte/Dole Gold Pineapples  
5-6 ct Brix: 14.0

99805 Seedless Watermelons  
4-5 ct Brix: 10.0

97718 Jumbo Seeded Watermelon  
3 ct Brix: 10.0





# Sugar Sweet Index

Our buyers, receivers and chefs have developed this program as a guide for you. Please keep in mind the following: A refractometer is used to measure the Brix content of fruit and vegetables. • Brix is the percentage of sucrose, fructose in 100 pounds of juice • Brix value varies with each species and should be used to compare species to species ie: not peaches to strawberries or melons to grapes. • Brix=Quality

Item #	PRODUCE	Average Brix	Good Brix	Bursting Brix
<b>Melons</b>				
98572	HONEY ORANGE FLESH MELON	10	12	14
97475	HONEYDEW	10	12	14
97517	CASABA	10	12	14
97500	CANTALOUPE	10	12	14
97510	CRENSHAW MELON	10	12	14
97478	GALIA MELON	10	12	14
97530	JUAN CANARY MELON	10	12	14
97512	SHARLYN MELON	8	10	12
99805	WATERMELON	10	12	14
97516	GOLDEN HONEYDEW	10	12	14
97474	HAMI MELON	10	12	14
99948	YELLOW SEEDLESS WATERMELON	10	12	14
97520	PERSIAN MELON	10	12	14
97590	SANTA CLAUS MELON	10	12	14
<b>Berries</b>				
97725	STRAWBERRY	8-9	10-12	14-16
99740	BLACKBERRY	6	8	12
97750	BLUEBERRY	8	10	12
98915	RASPBERRY (RED)	6	8	12
98930	RASPBERRIES (gold)	8	10	12
<b>Fruit</b>				
98300	GRAPE- green	12	17.5	22+
99365	MANGO	6	10	15
98475	NECTARINES	6	12	14
98450	PEACH	9	13	16
99962	PINEAPPLE	12	14	20
99345	PLUMS	10	12	16
	PLUOTS	10	12	16
	APPLES	13	15	17
	PEARS	11	13	15
	ORANGES	10	12	16

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Visit our website at [www.jkings.com](http://www.jkings.com) daily to receive the latest update on seasonal fruits and vegetables.