



OUR CHEFS HAVE DETERMINED HOW SWEET IT IS THIS WEEK: 8/21 - 8/27/17

### Summer Stone Fruit

99947 White Flesh Peaches  
18 lb Brix: 12.0

98450 California Yellow Peaches  
18 lb Brix: 12.0

98559 Large Loose Peaches  
25 lb Brix: 12.0

98479 Saturn (Donut) Peaches  
28 ct Brix: 12.0

98475 Yellow Nectarine  
56-64 ct Brix: 13.0

98500 Large Black Plums  
36-40 sz Brix: 13.0

99345 Red California Plums  
28 lb Brix: 12.0



### Grapes/Berries/Cherries

98275 Red Grapes, Seedless  
18 lb Brix: 19.0

98300 Green Grapes, Seedless  
18 lb Brix: 17.0

98290 Cherry Fresh 10 Row  
18 lb Brix: 18.0

98293 Cherry Fresh 9 Row  
18 lb Brix: 17.0



98915 Raspberries  
12 ct Brix: 11.0

99740 Blackberries  
12 ct Brix: 13.0

97750 Blueberries  
12 pt Brix: 13.0

98307 Consumer Pack Strawberries  
8/1 lb Brix: 11.0

97725 Driscoll Strawberries  
8/1 lb Brix: 11.0



### Melons/Pineapples

97475 Honeydews  
5-6 ct Brix: 11.0

97500 Cantaloupes  
12-15 ct Brix: 12.0

98572 Orange Flesh Honeydew  
6 ct Brix: 12.0

97090 Gold Pineapples  
5-6 ct Brix: 12.0

99962 Del Monte/Dole Gold Pineapples  
5-6 ct Brix: 13.0



99805 Seedless Watermelons  
4-5 ct Brix: 12.0

97718 Jumbo Seeded Watermelon  
3 ct Brix: 12.0

99848 Sugar Baby Watermelon  
6 ct Brix: 11.0

99948 Yellow Doll Watermelon  
5-6 ct Brix: 12.0



### Apples/Pears

98952 Gala X-Fancy Apples  
80 ct Brix: 13.0

99046 Fuji X-Fancy Apples  
80-88 ct Brix: 13.0



98580 Large Green D'Anjou Pears  
80 ct Brix: 14.0

98618 Green/Yellow Large Bartlett Pears  
80 ct Brix: 13.0

98570 Red D'Anjou Pears  
45/50 ct Brix: 12.0





# Sugar Sweet Index

Our buyers, receivers and chefs have developed this program as a guide for you. Please keep in mind the following: A refractometer is used to measure the Brix content of fruit and vegetables. • Brix is the percentage of sucrose, fructose in 100 pounds of juice • Brix value varies with each species and should be used to compare species to species ie: not peaches to strawberries or melons to grapes. • Brix=Quality

Item #	PRODUCE	Average Brix	Good Brix	Bursting Brix
<b>Melons</b>				
98572	HONEY ORANGE FLESH MELON	10	12	14
97475	HONEYDEW	10	12	14
97517	CASABA	10	12	14
97500	CANTALOUPE	10	12	14
97510	CRENSHAW MELON	10	12	14
97478	GALIA MELON	10	12	14
97530	JUAN CANARY MELON	10	12	14
97512	SHARLYN MELON	8	10	12
99805	WATERMELON	10	12	14
97516	GOLDEN HONEYDEW	10	12	14
97474	HAMI MELON	10	12	14
99948	YELLOW SEEDLESS WATERMELON	10	12	14
97520	PERSIAN MELON	10	12	14
97590	SANTA CLAUS MELON	10	12	14
<b>Berries</b>				
97725	STRAWBERRY	8-9	10-12	14-16
99740	BLACKBERRY	6	8	12
97750	BLUEBERRY	8	10	12
98915	RASPBERRY (RED)	6	8	12
98930	RASPBERRIES (gold)	8	10	12
<b>Fruit</b>				
98300	GRAPE- green	12	17.5	22+
99365	MANGO	6	10	15
98475	NECTARINES	6	12	14
98450	PEACH	9	13	16
99962	PINEAPPLE	12	14	20
99345	PLUMS	10	12	16
	PLUOTS	10	12	16
	APPLES	13	15	17
	PEARS	11	13	15
	ORANGES	10	12	16

Brix value varies with each species and should be used to compare species to species ie: not peaches to strawberries or melons to grapes. The temperature of fruit can affect the brix count by up to 1% per degree.

Visit our website at [www.jkings.com](http://www.jkings.com) daily to receive the latest update on seasonal fruits and vegetables.