



OUR CHEFS HAVE DETERMINED HOW SWEET IT IS THIS WEEK: 6/26 - 7/2/17

Summer Stone Fruit

99947 White Flesh Peaches 18 lb Brix: 13.0	99325 Apricots 72-78 ct Brix: 12.0
98450 California Yellow Peaches 18 lb Brix: 11.0	98478 Blue Velvet Apricots 32 ct Brix: 13.0
98559 Large Loose Peaches 25 lb Brix: 12.0	98475 Yellow Nectarine 56-64 ct Brix: 13.0
98479 Saturn (Donut) Peaches 28 ct Brix: 13.0	



Grapes/Berries/Cherries

98275 Red Grapes, Seedless 18 lb Brix: 19.0	99740 Blackberries 12 ct Brix: 13.0
98300 Green Grapes, Seedless 18 lb Brix: 15.0	97750 Blueberries 12 pt Brix: 13.0
98915 Raspberries 12 ct Brix: 12.0	98307 Consumer Pack Strawberries 8/1 lb Brix: 10.0
	97725 Driscoll Strawberries 8/1 lb Brix: 11.0



Melons/Pineapples

97475 Honeydews 5-6 ct Brix: 12.0	97090 Gold Pineapples 5-6 ct Brix: 13.0
97500 Cantaloupes 12-15 ct Brix: 12.0	99962 Del Monte/Dole Gold Pineapples 5-6 ct Brix: 13.0
98572 Orange Flesh Honeydew 6 ct Brix: 13.0	99805 Seedless Watermelons 4-5 ct Brix: 11.0
97510 Crewshaw Melon 4-5 ct Brix: 13.0	97718 Jumbo Seeded Watermelon 3 ct Brix: 10.0
97517 Casaba Melon 5-6 ct Brix: 12.0	



Apples/Pears

98952 Gala X-Fancy Apples 80 ct Brix: 14.0	98580 Large Green D'Anjou Pears 80 ct Brix: 10.0
99046 Fuji X-Fancy Apples 80-88 ct Brix: 14.0	98570 Red D'Anjou Pears 45/50 ct Brix: 12.0
97810 McIntosh/Paula Red Fancy Local 100 ct Brix: 13.0	99090 Large Brown Bosc Russet Pears 80-90 ct Brix: 14.0



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Sugar Sweet Index

Our buyers, receivers and chefs have developed this program as a guide for you. Please keep in mind the following: A refractometer is used to measure the Brix content of fruit and vegetables. - Brix is the percentage of sucrose, fructose in 100 pounds of juice - Brix value varies with each species and should be used to compare species to species ie: not peaches to strawberries or melons to grapes. - Brix=Quality

Item #	PRODUCE	Average Brix	Good Brix	Bursting Brix
Melons				
98572	HONEY ORANGE FLESH MELON	10	12	14
97475	HONEYDEW	10	12	14
97517	CASABA	10	12	14
97508	CANTALOUPE	10	12	14
97518	CHENSHAW MELON	10	12	14
97478	GALIA MELON	10	12	14
97538	JUDAN CANARY MELON	10	12	14
97513	SHARLYN MELON	8	10	12
99805	WATERMELON	10	12	14
97516	GOLDEN HONEYDEW	10	12	14
97474	HAMI MELON	10	12	14
99948	YELLOW SEEDLESS WATERMELON	10	12	14
97528	PERSIAN MELON	10	12	14
97598	SANTA CLAUS MELON	10	12	14
Berries				
97725	STRAWBERRY	8-9	10-12	14-16
99748	BLACKBERRY	6	8	12
97758	BLUBERRY	8	10	12
98915	RASPBERRY (RED)	6	8	12
98938	RASPBERRIES (gold)	8	10	12
Fruit				
98308	GRAPE- green	12	17.5	22+
99385	MANGO	6	10	15
98475	NECTARINES	6	12	14
98458	PEACH	9	13	16
99982	PINEAPPLE	12	14	20
99345	PLUMS	10	12	16
	PLUMS	10	12	16
	APPLES	13	15	17
	PEARS	11	13	15
	ORANGES	10	12	16

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Visit our website at www.jkings.com daily to receive the latest update on seasonal fruits and vegetables.